

# STUDENT BRIEF

UNIVERSITY OF QUEENSLAND  
HEALTHFUSION TEAM CHALLENGE  
2013



HealthFusion  
Team Challenge



THE UNIVERSITY  
OF QUEENSLAND  
AUSTRALIA



## The HealthFusion Team Challenge (HFTC)

The best health outcomes for the many and increasing number of people with complex or chronic healthcare needs often depends on effective teamwork and collaboration between various healthcare professionals with different skills and knowledge. The HFTC aims to develop this important capability prior to graduation in a way that is transformative, authentic, and fun.









The HFTC is an extracurricular competition for final year students from the health professions. It provides students with an opportunity to demonstrate their expertise in teamwork and collaboration as they develop a management plan for a client with complex health needs. There is a four week preparation period, during which students will be asked to produce a short video outlining their management package. Teams will also meet at the end of this period for a half day of team-based activities designed to test their overall collaboration and communication skills. Based on these two assessment items, the HFTC Judging panel will select one team to represent The University of Queensland (UQ) at the Trans-Tasman HealthFusion Team Challenge (TT HFTC).

Pioneered by academics from the University of British Columbia over 25 years ago, the Health Care Team Challenge was brought to Australia and developed by academics at The University of Queensland under the name of *HealthFusion*. The University of Queensland was the first university in Australia to host a Health Care Team Challenge with its pilot event in 2007. In 2009, the HFTC Team launched the inaugural Annual National HealthFusion Team Challenge (Oz HFTC) in front a large audience. In 2012, the HFTC welcomed two teams from New Zealand for the first time and the Oz HFTC became the Trans-Tasman HFTC. The TT HFTC is HealthFusion's flagship event and attracts the best interprofessional student teams from across Australasia to compete.

In 2010, the HFTC launched its new digital format event at UQ and in 2012, the UQ HFTC introduced the afternoon of team-based activities, the UQ HFTC Activities Day. This year the Activities Day will take place on **Friday 26 July 2013**. The team with the best overall performance from the UQ HFTC will go on to compete in the **Trans-Tasman HFTC on Friday 30 August 2013**.



## Reasons to Participate

-  Opportunity to meet and work with students from other disciplines.
-  Opportunity to represent your profession and test your expertise.
-  Improve your communication, teamwork and clinical skills in addition to expanding your professional knowledge.
-  Form lasting networks with a cohort of future leaders in health care, practitioners and potential employers.
-  Recognition for participating in an internationally recognised event.
-  Opportunity to join a range of interprofessional education networks including the HFTC Alumni Network.
-  Certificate of participation for your resume.
-  Prizes for the winning team and loads of kudos.



## What is involved?

Students work in teams of 4-6 people from across the health professions to prepare a patient management package in response to a complex case study. These teams are assigned randomly by the HFTC Project Team. As part of the UQ HFTC each team must film a 4 minute video of their management plan and submit it to the HFTC Project Team for adjudication by a panel of external judges. Full details on how to submit, time allowances, formats and helpful hints for making your video can be found in the attached documents.

Each team uploads their video to YouTube so the remote HFTC Judging Panel can review each submission and mark it against a set of criteria. Teams then meet on **Friday 26 July 2013** to compete in a series of team-based activities designed to test their collaboration and communication skills. The best overall team performance automatically moves on to represent UQ at the TT HFTC in August.

Past students involved in the challenge have indicated that an average of 8-10 hours was spent in preparation of the management plan. This included team meetings, home preparation and independent research. We anticipate an additional 8-10 hours of work to complete the team video depending on the complexity and level of technical expertise. This may vary per team depending on your personal situation.



Each student receives a registration pack (see attached) when they enrol in the HFTC. This pack contains a registration form, research consent form, media release form and tips for completing your video. Each student is required to complete these forms as part of their enrolment. See the section on Registration below for more information.



## Student Teams

Student teams are formed of 4-6 students from a range of health professions. All health disciplines are welcome to become involved. Examples of some of the health professionals involved in the past include Audiology, Dietetics, Dentistry, Exercise Physiology, Medicine, Midwifery, Nursing, Occupational Therapy, Paramedic Science, Pharmacy, Physiotherapy, Psychology, Social Work and Speech Pathology. New professions are added each year. No team may contain more than one representative of any one profession.

All students that wish to participate in the HFTC must be enrolled in a health science course or degree in the same calendar year as the competition they wish to participate in. Students that have graduated previous to the current year and have entered into full time employment or are currently enrolled in a pre-registration program are not eligible to compete. Due to the complexity of the material covered in the HFTC, students participating in the event should be in their senior years of undergraduate study with the following exceptions:

-  Graduate Entry Masters students are eligible to participate.
-  Psychology students enrolled in up to their second year of clinical masters or doctorate program are eligible to participate.

**IMPORTANT:** In signing the attached registration and consent forms, students confirm they are aware of the information stated above and conform to the rules of eligibility for the HFTC. Contact [hctc@uq.edu.au](mailto:hctc@uq.edu.au) immediately if you have any questions about your eligibility.






## Registration

Every student participating in the HFTC is required to register as part of their enrolment. Your registration pack comprises your registration form, research consent form and media release form. This pack also includes important information that is required for effective communication and organisation of the event, as well as confirming eligibility. It is important that you note an active email address when you register as email is the HFTC's main method of communication. Forms should be legibly filled in by hand and sent as a scanned email attachment. A photograph or photo-scan (using an app, eg Genius Scan) of your form is acceptable if it is completely legible. Completed registration packs should be emailed to [hctc@uq.edu.au](mailto:hctc@uq.edu.au) by **Friday 21 June 2013**.



## Methods for Communication

To facilitate the smooth transfer of information and resources, the HFTC Project Team recommends the following steps be completed before competition begins.

-  **Students should ensure the email address noted in their registration form is correct and check it regularly during competition for updates.** The address noted on this form will be the HFTC's main avenue of communication.
-  **Students must register their details on the HFTC website** ([www.healthfusionteamchallenge.com](http://www.healthfusionteamchallenge.com)). This website will host important information such as the clinical case study, forms and information briefs in a member's only section. Access to this section is granted to those enrolled and eligible to participate in the competition. You can register via the website's "Register Your Interest" link and clicking "Registering for the 2013 UQ HFTC".
-  **Students are encouraged to install Dropbox ([www.dropbox.com](http://www.dropbox.com)) to their computers.** The HFTC will provide an individual Dropbox folder to each team participating in the HFTC so that they may upload a copy of their submission video in case their video fails to upload to YouTube.



## Commitments Associated with Participation

By registering for the HFTC, students commit to:

- Working in their teams in an extracurricular format to develop and produce a management plan in response to the case study provided.
- Submitting a team management plan video by the deadline provided and in the format required.
- Attending the HFTC Activities Day.

The formal commitments associated with participation in the UQ HFTC are expressed in the table below.

Commitment	Due Date	Status
Registration on the HFTC website via the HFTC “Register your Interest” tab to gain access to exclusive UQ HFTC	COB Friday 14 June 2013	Required by all participating.
Submission of all registration forms. Forms should be submitted directly to <a href="mailto:hctc@uq.edu.au">hctc@uq.edu.au</a> .	COB Friday 21 June 2013	Required by all participating.
Completion of the ‘Interprofessional Socialisation and Valuing Scale’ before participation in UQ HFTC. This is part of the formal evaluation of the event.	10 June –27 June 2013	Voluntary (online survey)
Work in teams to prepare a management package and four minute video in response to the case study.	28 June – 23 July 2013	Required by all participating.
Upload of team video submission to YouTube. It is advisable to upload a copy to the team’s individual Dropbox folder just in case. Please send a copy of your YouTube link to <a href="mailto:hctc@uq.edu.au">hctc@uq.edu.au</a> by the due date.	Tuesday 23 July 5pm	Required by all participating.
Team Activities Day. Venue TBC. Please check the HFTC website for more information.	Friday 26 July 2013 1pm – 4pm	Required by all participating.
Completion of the “Interprofessional Socialisation and Valuing Scale” after participation in the UQ HFTC. This is part of the formal evaluation of the event.	26 July – 12 August 2013	Voluntary (online survey)



## Team preparation of the Management Plans

Student teams will be given access to the clinical case four weeks prior to the event day on **Friday 28 June, 2013**. The clinical case will include any digital and paper-based extensions and made available on the UQ HFTC website member’s only section ([www.healthfusionteamchallenge.com](http://www.healthfusionteamchallenge.com)). Each team should download the case, meet with their team members to address any pertinent issues and prepare to present their management plan. Students are mostly in the final year of their training and may be on fieldwork (block prac) so all meetings are extracurricular and will be arranged at the discretion of each individual team.



## Team Mentors

Team Mentors are designated members from the university academic representatives panel allocated to each team competing in the HFTC to help guide and motivate them in the lead-up to event day. Each team will have one Mentor randomly allocated to them and these mentors have offered their time on an extra-curricular basis. Team Mentors will work with students to maximise their abilities to work effectively as a team and offer advice on how best to proceed in difficult circumstances. It is not up to the Team Mentors to direct their HFTC team. However, if a team finds

Copyright HealthFusion 2013© | [www.healthfusionteamchallenge.com](http://www.healthfusionteamchallenge.com)

This document remains the property of HealthFusion. Not for reuse or redistribution in whole or in part without prior consent.

they are not working effectively together, the Team Mentor may get in touch to offer advice on how to resolve any issues. Team Mentors are advised not to coach teams and will offer no assistance to teams that may give them an unfair advantage on event day.







## Profession Mentors

Profession mentors are available to all student teams for consultation on specific issues regarding the clinical case throughout the preparation period. These mentors are professionals in the community and will be available to respond to up to **three specific questions** that you cannot problem-solve within your team. Mentors from all professional disciplines may not be provided. If you require assistance from a specific health professional that is not listed as a mentor, it is up to your team to source the required information independently. A list of the Professional Mentors for this year can be found online in the UQ HFTC Member's section on the HFTC website.






## Guideline for Preparation

It is recommended that each team identifies pertinent issues of the case that are present or *that might emerge* over the time frame in four main areas. These areas are:

-  Body structures and functions
-  Activity and participation
-  Contextual factors – Environmental and Personal factors
-  Ethical practice

It is also recommended that teams reflect on the challenges they faced in implementing a team approach and ask themselves the following questions:

-  What was one highlight, one challenge & solution your team faced during your preparation and presentation?
-  What were the priorities of each individual profession and what were the top priorities for you as a team?
-  What are the things you had to give up as an individual profession and what did you learn about working together?



## Evaluation of the Event

The HFTC is formally evaluated as part of a larger research project that explores the impacts of interprofessional education activities for university students. Completion of the “Interprofessional Socialisation and Valuing Scale” by students participating in the UQ HFTC is part of this research. A research consent form and information for participants pertaining to this research is included in your registration pack and completion of this form will indicate you wish to participate (see attached). Both pre and post results are required to form a clear picture of the impact and outcomes of the event.

The HFTC Project Team will send a link to this survey in the weeks before and after the UQ HFTC as well as posting it on the UQ HFTC Member's Section on the HFTC website.

For more information on this, please email [hctc@uq.edu.au](mailto:hctc@uq.edu.au). This research is approved by The University of Queensland Behavioural & Social Sciences Ethical Review Committee.



### Join us on Facebook

The HFTC is now on Facebook! To



receive up to the minute updates you can 'Like' our page "HealthFusion Team Challenge".



### The Trans-Tasman HealthFusion Team Challenge (TT HFTC)

The local HFTC is the important precursor to the national event and the winning student team from the UQ HFTC has the opportunity to go on to compete at the **Annual Trans-Tasman HealthFusion Team Challenge** on **Friday 30 August, 2013**. The event will be hosted by the Queensland University of Technology (QUT) in the Room 360, Y Block, Gardens Point. Participation in this event must follow participation in the local UQ HFTC.



### The HFTC Project Team

The UQ HFTC is coordinated by the Faculty of Health Sciences IPE Coordinator Prof Jill Thistlethwaite working in collaboration with the HFTC Project Directors comprising **AProf Rosalie Boyce**, **AProf Monica Moran** and **Prof Lisa Nissen**. However all queries regarding the UQ HFTC should be directed first to:

**Ms Jane Furnas**

HFTC Project Manager









[e] [hctc@uq.edu.au](mailto:hctc@uq.edu.au)

Each professional discipline has an academic representative who coordinates the involvement of student from that discipline.



## Timeline for the UQ HFTC

Note: All dates are subject to change. Please check your email regularly for notifications.

-  **Friday 14 June, 2013** – Deadline for online UQ HFTC registration. UQ HFTC forms must be returned by Friday 21 June 2013. Access to the UQ HFTC Member's only section pending the correct submission of the HFTC Student Team Application Form.
-  **10 June – 27 June 2013** – Completion of the ISVS scale online via SurveyMonkey. The link will be emailed to all students and posted in the UQ HFTC member's only section.
-  **Tuesday 25 June 2013** – Teams released via email. Please make contact with your team members as soon as possible.
-  **Friday 28 June 2013** – Clinical case is made available in the UQ HFTC member's only section. Please go to the website to download your copy.
-  **28 June – 23 July 2013** – Teams work independently on case management plan and their video submission.
-  **Tuesday 23 July 2013 5pm** – Deadline to send the link to team video presentation to [hftc@uq.edu.au](mailto:hftc@uq.edu.au). Teams may choose to upload their videos to their allocated Dropbox as a contingency.
-  **Friday 26 July 2012 1pm – 4pm** – UQ HFTC Team Activities Day, Venue TBC. Please visit the HFTC website to confirm details.
-  **26 July - 12 August 2012** - Completion of the ISVS scale online via SurveyMonkey. The link will be emailed to all students and posted in the UQ HFTC member's only section.





## Registration Form – Please complete, scan and return to [hctc@uq.edu.au](mailto:hctc@uq.edu.au)

<b>Full Name</b>	
<b>Professional Details</b>	
<b>Name of program</b>	
<b>Year of commencement</b>	
<b>Your professional title upon graduation</b>	
<b>Intended year of completion</b>	
<b>Part Time/Full Time</b>	
<b>List of other degrees/previous studies undertaken in health</b>	
<b>Contact Details</b>	
<b>Phone/Mobile</b>	
<b>Fax</b>	
<b>Postal Address</b>	
<b>Email</b>	
<b>Additional Information</b>	
<b>Special dietary requirements? (V, GF, No Pork, Allergies etc)</b>	
<b>How did you hear about the HFTC?</b>	
<b>What motivated you to participate in the HFTC?</b>	

## Consent form for HFTC Evaluation Research

(Print, sign and return to [hctc@uq.edu.au](mailto:hctc@uq.edu.au))

**TITLE:** The HealthFusion Team Challenge (HFTC): A mixed methodology evaluation of the effectiveness of a university based interprofessional education (IPE) project.

**INVESTIGATORS:** AProf Monica Moran, Lecturer, Central Queensland University, AProf Rosalie Boyce, Research Advisor, School of Pharmacy, University of Queensland, Prof Lisa Nissen, School of Clinical Sciences, Queensland University of Technology

1. By signing this document I hereby consent to take part in the research project titled: ***The HealthFusionTeam Challenge (HFTC): A mixed methodology evaluation of the effectiveness of a university based interprofessional education (IPE) project.***

2. I acknowledge that I have read the information sheet provided and that I have had the project, so far as it affects me, fully explained to my satisfaction by the investigators. I freely consent to my participation in the project.

3. The details of the information gathering process has been explained to me. I understand that my participation involves responding to the voluntary pre and post-event online surveys and the voluntary post-event interview by phone or email to explore my experiences of participating in the learning activity the HealthFusion Team Challenge.

4. I am informed that the information I provide will be treated confidentially. The information I will provide will be kept only with an identification number. In the event of publication, there will be no personal identifying features published.

5. I understand that I am free to withdraw from the study at any time with no adverse consequences.

If you have any questions about the study at any time, feel free to contact the researcher, AProf Monica Moran, Central Queensland University, [p] 4923 2234.

**Independent Contact:** If you have any comments or complaints about the study you can contact the Ethics Officer, WMHSD Human Research Ethics Committee on 3271 8674 or email [ethics@qcmhr.uq.edu.au](mailto:ethics@qcmhr.uq.edu.au). All complaints will be treated in confidence, investigated fully and you will be informed of the outcome.

Signed : \_\_\_\_\_ Date : \_\_\_/\_\_\_/\_\_\_\_\_

Print Name : \_\_\_\_\_

## **PARTICIPANT INFORMATION SHEET FOR COMPETITORS**

**TITLE:** The HealthFusion Team Challenge (HFTC): A mixed methodology evaluation of the effectiveness of a university based interprofessional education (IPE) project.

**INVESTIGATORS:** AProf Monica Moran, Lecturer, Central Queensland University, AProf Rosalie Boyce, Research Advisor, School of Pharmacy, University of Queensland, Prof Lisa Nissen, School of Clinical Sciences, Queensland University of Technology

### **What this project is about:**

The aim of this research project is to examine from the student perspective the impact of the HealthFusion Team Challenge (HFTC) in the promotion of interprofessional learning and collaborative practice.

The goal of university based interprofessional education (IPE) is to prepare students for effective and collaborative participation in health care teams. To achieve this, IPE methods must create meaningful learning experiences for students that will facilitate real change in their interprofessional practice. The HealthFusion Team Challenge (HFTC) is a possible means of achieving this goal.

The overall rationale of this study is twofold: 1) To contribute to the development of an effective IPE programme that will produce graduating health professionals who are prepared for effective and collaborative interprofessional practice and 2) To contribute to the under-developed body of IPE evaluation and evidence-based practice research.

### **What you may be asked to do:**

You will be asked to take part in pre and post event online surveys, administered through an online service. You will also be asked to participate in a post-event interview. This will be conducted on a one-on-one basis by HFTC facilitators and will take place either over the phone or through email correspondence. The interview comprises 17 questions and is estimated to take approximately 20-25 minutes of the student's time.

### **How will my privacy be maintained?**

Your privacy while participating in the study will be maintained at all times. You will be assigned a number with which all data pertaining to you will be labelled. Files will be kept in

a password protected data file in the School of Health and Rehabilitation Sciences and will only be accessible by the researchers. Phone interviews will be recorded to assist in transcription and this recording will be destroyed directly after this has taken place. Your participation in this study is entirely voluntary and the decision to participate or not will not affect you adversely in any way. You will have the opportunity to withdraw from the research study at any time should you wish to do so, with no adverse consequences. Your participation in this study will have no bearing on the outcome of the HealthFusion Team Challenge and judges and event organisers will be blind to your participation status.

### **Benefit of participation:**

The purpose of this research is to improve the quality of interprofessional education for Health Science students. Whilst your involvement will contribute to this, it may not be of any direct benefit to you.

### **Will I receive feedback?:**

A summary of the overall outcomes of the study, as well as all data pertaining to you, will be made available to you on request. If you wish to view them please make your request to the contact below.

### **If I have queries about the research:**

If you have any questions about the study at any time, feel free to contact the researcher, AProf Monica Moran, Central Queensland University, [p] 4923 2234.

### **Ethical clearance statement:**

This study adheres to the guidelines of the ethical review process of The University of Queensland. Whilst you are free to discuss your participation in this study with the project staff (contactable on ph: 3365 3451), if you would like to speak to an officer of the University not involved in the study, you may contact the Ethics Officer on 3365 3924.

Monica Moran  Date: 13/05/2013

**Chief Researcher**

## Media Release Form

(Print, sign and return to [hctc@uq.edu.au](mailto:hctc@uq.edu.au))



### Media and Document Permission Form

I, \_\_\_\_\_, hereby give permission for photographs and video footage collected as part of the 2013 UQ HealthFusion Team Challenge (28 June – 26 July 2013) to be used by the HFTC for documentation and promotional purposes and any further projects, deemed suitable by the UQ School of Pharmacy.

Signature of donor: \_\_\_\_\_

Date:    /    /

Sighted by (UQ staff member): Jane Furnas (HFTC Project Officer)

Date:    /    /

Signature: \_\_\_\_\_



## Video Help Guide

### Guidelines

**Length:** 4 minutes, with up to 15 seconds either side of the time limit.

**Format:** **.WMV** or **.AVI** for windows or **.MOV** for Macs. These are the standard output formats for Windows Movie Maker and Apple iMovie. These two programs are the simplest to use but please feel free to use whatever program is easiest for you.

*(Adobe Premier Pro users please export to format **.WMV 1024.**)*

**Content:** Your management package can include almost anything within reason. This includes video, images, text overlay and music. It is really only limited by your imagination.

**Please note:** If you are using anyone else's work such as movies or music you **MUST** give them due recognition. This can be done in small text the bottom of the screen or in the final credits. This is good professional practice.

As always, please use your own discretion as to what is appropriate for a university-based project.

**Submission:** **Each group needs to upload their video by the due date to YouTube as an "Unlisted" clip.** This means that only people who have the specific link will be able to view the video and it is invisible to search engines. This preserves your privacy and also ensures other teams cannot view your submissions until a winner is announced.

To secure your clip, check the box "Unlisted" in the three privacy options available to you while your upload completes. Once upload is complete a link will become available that you can then copy and paste into an email to the HFTC Team. This is the link we will send to the HFTC Judging Panel so they can view your submission. It is a good idea to check your link once your upload has been approved by YouTube to make sure it works. Email [hctc@uq.edu.au](mailto:hctc@uq.edu.au) if you are experiencing serious difficulties and the HFTC Project Officer will do their best to help you.

### Tips for a good video

- **Don't lose sight of the goal.** Remember, the judges will be looking at the quality of your patient management package and your ability to work well as a team, not an Oscar-winning performance. (Although if you can act too, that's always helpful.)
- **Be creative!** You are only limited by your imagination, so make your video stand out from the crowd. But remember:
- **Sometimes, less is more.** Try not to overload the project with flashing images, crazy video work or annoying music. This will in all likelihood just annoy the judges and make them feel sick instead of impressed.
- **Check your volume levels!** If we can't hear you, we can't judge you. Also look out for background sound like birds, cars and crowds of people that might drown you out.

- **Tripods are a wonderful thing.** If you can't get one then rest your elbow on something or put your camera on a table or chair and secure it with some blu-tac or duct tape. Shaky camera-work only makes people think of the Blair Witch Project, unless that is the effect you were going for.
- **Blah blah blah...** Sometimes things are better said with images rather than words. Think, does your idea mean more as a picture or is it better explained by a person?
- **Test your link BEFORE you submit.** If we can't find you, we can't mark you. It is up to you to make sure we have your link ready to go to the judges.
- **The Golden Rule: BACK-UP, SAVE A COPY, KEEP IT IN A SAFE PLACE.** Preferably in the cloud. More back-up = less tears, always. If everything else fails, you always have a 'hard copy' on which to fall back on.

## FAQ's

### **We don't have a video camera, what do we do?**

Unfortunately we cannot provide students with video camera to film their submissions as there are simply too many of you. If you have already asked all your family and friends there are a couple of options available. You can get in contact with your course coordinator and see if your specific school or organisational unit has a video camera they will be willing to lend. Some of them might but we cannot guarantee they will so it is best to ask early on. Otherwise, you can use alternative video equipment like a digital camera with a video function or a smart phone.

### **I have more than 4 minutes of video! I don't think I can cut it down, can I submit a longer video?**

The short answer is no. Four minutes is a long time in video-time. If you have run over then maybe there is something you have included that isn't completely necessary to your idea. Go back and see if you can re-shoot something so that it is more concise or better yet, include a diagram instead of explaining it in detail for 30 seconds. Another good technique is to base your video around the length of a standard song (3.5 mins).

### **I can't fill the 4 minute video time slot! I've said everything I want to say, how do I bulk it out?**

If you haven't filled your four minutes, have you really done all you can do on your management plan? We would prefer you didn't add fluff to bulk out your video either (too obvious). Having too little is sometimes a good thing. It means you can go back and work on your project some more. Make clearer what needs clarification, extend an idea, do a bit of arty camera work or include a bit of storyline.

### **How many times can I upload my video?**

As many times as you like. We only need one copy of your final upload link so get stuck in.

### **Help! My video won't upload!**

The first thing is don't panic. If you come to us early enough we will do what we can to help you. Firstly make sure you have it the right format for YouTube (YouTube should tell you this or see above). This should ensure the file you are trying to upload is not enormous and too much for the website to handle. You should be able to check the file size by right-clicking on it and choosing 'Properties'. Otherwise, check you have not run out of download quota or are in a wifi area. If after trying everything you still can't get your video to upload, get in touch with the HFTC Project Team as early as you can and we will do our best to help you.